

Release of Liability
Read Carefully - This Affects Your Legal Rights

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY

The individual named below (referred to as "I" or "me") or the individual's child(ren) (for the purposes of this Agreement (as is defined below), child(ren) shall also mean a legal guardian's ward(s)) desires to participate in physical, recreational, and fitness activities using Company property (including without limitation bathrooms, locker rooms and showers) and Company equipment (hereinafter referred to collectively as the "Facilities") provided by The Natalia Flow LLC and Natalia Simatupang. (the "Company"). If the participant is a minor, the minor shall have no contracting rights under this Agreement (as defined below) and the minor's parent/guardian shall read, understand, and agree to each and every provision of this Agreement (as defined below) and attest to the same by affixing their signature in the appropriate location at the end of this Agreement (as defined below). As lawful consideration for being permitted by the Company to use the Facilities and the intangible value that I or my child(ren) will gain by using the Facilities, I agree to all the terms and conditions set forth in this Agreement (the "Agreement").

I VOLUNTARILY AGREE TO ASSUME ALL OF THE FOREGOING RISKS AND ACCEPT SOLE RESPONSIBILITY FOR ANY INJURY TO MYSELF AND/OR MY CHILD(REN) (INCLUDING, BUT NOT LIMITED TO, PERSONAL INJURY, DISABILITY, AND DEATH), ILLNESS, DAMAGE, LOSS, CLAIM, LIABILITY, OR EXPENSE, OF ANY KIND, THAT I AND/OR MY CHILD(REN) MAY EXPERIENCE OR INCUR IN CONNECTION WITH USING THE FACILITIES ("CLAIMS"). I HEREBY RELEASE, COVENANT NOT TO SUE, DISCHARGE, AND HOLD HARMLESS THE COMPANY, ITS EMPLOYEES, AGENTS, AND REPRESENTATIVES, OF AND FROM THE CLAIMS, INCLUDING ALL LIABILITIES, CLAIMS, ACTIONS, DAMAGES, COSTS OR EXPENSES OF ANY KIND ARISING OUT OF OR RELATING THERETO. I UNDERSTAND AND AGREE THAT THIS RELEASE INCLUDES ANY CLAIMS BASED ON THE ACTIONS, OMISSIONS, OR NEGLIGENCE OF THE COMPANY, ITS EMPLOYEES, AGENTS, AND REPRESENTATIVES.

I FURTHER KNOWINGLY AND VOLUNTARILY WAIVE AND RELINQUISH ALL RIGHTS AND BENEFITS UNDER CALIFORNIA CIVIL CODE SECTION 1542, WHICH PROVIDES:

"A GENERAL RELEASE DOES NOT EXTEND TO CLAIMS THAT THE CREDITOR OR RELEASING PARTY DOES NOT KNOW OR SUSPECT TO EXIST IN HIS OR HER FAVOR AT THE TIME OF EXECUTING THE RELEASE, AND THAT IF KNOWN BY HIM OR HER, WOULD HAVE MATERIALLY AFFECTED HIS OR HER SETTLEMENT WITH THE DEBTOR OR RELEASED PARTY."

THIS AGREEMENT PROVIDES THE COMPANY WITH MY ABSOLUTE AND UNCONDITIONAL CONSENT, WAIVER, AND RELEASE OF LIABILITY ARISING OUT OF MY AND/OR MY CHILD(REN)'S TAKING CLASSES INSTRUCTED BY NATALIA SIMATUPANG AND EMPLOYEES, AGENTS, AND REPRESENTATIVE OF THE NATALIA FLOW LLC. BY SIGNING BELOW, I ACKNOWLEDGE THAT I HAVE READ AND I FULLY UNDERSTAND ALL OF THE TERMS OF THIS AGREEMENT AND THAT I AM VOLUNTARILY GIVING UP SUBSTANTIAL LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE THE COMPANY FOR CLAIMS, WHETHER KNOWN OR UNKNOWN, WITH RESPECT TO INJURIES, AND HEALTH

ISSUES, ARISING OUT OF MY AND/OR MY CHILD(REN)'S PARTICIPATING IN THE CLASS.

In addition I agree to the following terms and conditions regarding my participation in fitness classes at The Natalia Flow LLC with Natalia Simatupang:

1. Agreement to follow directions. I agree to observe and obey all posted rules and warnings, and further agree to follow any oral instructions given by instructors, or the employees, representatives or agents of The Natalia Flow LLC.
2. Assumption of the risks and release. I recognize that there are certain inherent risks associated with the above described activity, and I assume full responsibility for personal injury to myself and further release and discharge The Natalia Flow LLC, Natalia Simatupang, and associated instructors for injury, loss, or damage arising out of my use of or presence upon the facilities of The Natalia Flow LLC, whether caused by the fault of myself, or other third parties.
3. Indemnification. I agree to indemnify and defend The Natalia Flow LLC and Natalia Simatupang against all claims, causes of action, damages, judgements, costs or expenses, including attorney fees and other litigation costs, which may in any way arise from my use of or presence upon the facilities of The Natalia Flow LLC.
4. Fees. I agree to pay for all damages to the facilities of The Natalia Flow LLC. caused by reckless or willful actions by me.
5. No Duress. I agree and acknowledge that I am under no pressure or duress to sign this Agreement and that I have been given a reasonable opportunity to review it before signing. I further acknowledge and agree that I am free to have my own legal counsel review this Agreement if I so desire. I further agree and acknowledge that The Natalia Flow LLC. has offered to refund any fees I have paid to use its facilities if I choose not to sign this Agreement.
6. Dispute Resolution. The parties will attempt to resolve any dispute arising out of or relating to this Agreement through friendly negotiations amongst the parties. If the matter is not resolved by negotiation within 30 days, the parties will resolve the dispute by binding arbitration under the rules of the American Arbitration Association. The arbitrator's award will be final, and judgement may be entered upon it by any court having proper jurisdiction.
7. I agree to allow The Natalia Flow LLC. and Natalia Simatupang to use images or video of my participation in classes or events for promotional and marketing purposes unless I specifically request to have my images excluded.

Third Party Providers

The Natalia Flow Live classes are currently delivered by Zoom Video Communications, Inc. ("Zoom"), which is a third party provider of the Zoom application. The Natalia Flow and Natalia Simatupang are not responsible or liable for any aspect of the Zoom application, or the operation or

use thereof. See www.zoom.us for information regarding Zoom and the Zoom application. The Natalia Flow and Natalia Simatupang are not a party to any user agreement or terms and conditions between a participant and Zoom, including, without limitation, any privacy policy or terms of use, all of which are accepted by a participant. Zoom is solely responsible for all matters regarding the Zoom application, including, without limitation, application functionality, terms of service, and any claims that you may have related to the Zoom application or the operation or use thereof. The Natalia Flow and Natalia Simatupang reserve the right to change technology platforms from time to time without notice, and the foregoing shall apply to such substitute technology provider and platform substituting such provider's name.

Notices

The Natalia Flow and Natalia Simatupang do not warrant uninterrupted or error-free operation of the The Natalia Flow Live Website or The Natalia Flow Live classes or any related service. The Natalia Flow and Natalia Simatupang are not responsible for technical failures of any kind, including but not limited to, the malfunctioning of any computer online systems or applications, media or computer equipment, website, server provider, network, hardware or software; or the unavailability or inaccessibility of any website, application or service. The Natalia Flow and Natalia Simatupang MAKE NO WARRANTY OF ANY KIND, EXPRESS OR IMPLIED, INCLUDING, WITHOUT LIMITATION, THE IMPLIED WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE OR ANY IMPLIED WARRANTY OF NONINFRINGEMENT, ARISING FROM COURSE OF PERFORMANCE OR DEALING, USAGE OR TRADE.

Each The Natalia Flow Live class and other information is owned by The Natalia Flow and subject to all copyright, trademark and other intellectual property laws, rules and regulations. Any reproduction, distribution, or public performance of all or part of any class or other information is expressly prohibited unless The Natalia Flow has explicitly granted its prior written consent. All rights to the The Natalia Flow Live classes and other information are reserved by The Natalia Flow.

I HAVE READ THIS DOCUMENT AND UNDERSTAND IT. I FURTHER UNDERSTAND THAT BY SIGNING THIS RELEASE, I VOLUNTARILY SURRENDER CERTAIN LEGAL RIGHTS.